



DISCIPLESHIP COUNSELING
PERSONAL DATA INVENTORY

www.gbcn.org ♦ 239.354.9800 ♦ P.O. Box 110754 Naples, FL 34108 ♦ info@gbcn.org Date: / /

PERSONAL IDENTIFICATION

Mr. Mrs. Miss Name

Address City Zip

Home Phone Other Phone

E-mail

Birth Date Age Referred By

Marital Status: Single Engaged Married Separated Divorced Widowed

Education (last year or degree completed)

Employer Position Years

In case of an emergency, please contact Name, Relationship Phone Number

MARRIAGE AND FAMILY

Spouse Birth Date

Age Occupation How Long Employed

Home Phone Business Phone

Date of Marriage Length of Dating

Give a brief statement of circumstances of meeting and dating

Have either of you been previously married? Who

Have you ever been separated? Filed for divorce?

INFORMATION ABOUT CHILDREN

Table with 5 columns: Name, Age, Gender, Education (last year Or degree completed), Step-Child? (checkbox)

Describe your relationship to your father \_\_\_\_\_

Describe your relationship to your mother \_\_\_\_\_

Number of siblings \_\_\_\_\_ Your sibling order \_\_\_\_\_

Did you live with anyone other than parents? \_\_\_\_\_

Are your parents living? \_\_\_\_\_ Do they live locally? \_\_\_\_\_

**Health**

Describe your health \_\_\_\_\_

Do you have any chronic conditions? \_\_\_\_\_ What? \_\_\_\_\_

List important illnesses and injuries or handicaps \_\_\_\_\_

Date of last medical exam \_\_\_\_\_ Report \_\_\_\_\_

Physician's name and address \_\_\_\_\_

Current medication(s) and dosage \_\_\_\_\_

Have you ever used drugs for other than medical purposes? \_\_\_\_\_

If yes, please explain: \_\_\_\_\_

Have you ever been arrested? \_\_\_\_\_

Do you drink alcoholic beverages? \_\_\_\_\_ How much and how frequently? \_\_\_\_\_

Do you drink coffee? \_\_\_\_\_ How much and how frequently? \_\_\_\_\_

Other caffeinated drinks \_\_\_\_\_ How much and how frequently? \_\_\_\_\_

Do you smoke? \_\_\_\_\_ What? \_\_\_\_\_ Frequency \_\_\_\_\_

Have you ever had interpersonal problems on the job? \_\_\_\_\_ If yes, please explain \_\_\_\_\_

Have you ever had a severe emotional upset? \_\_\_\_\_ If yes, explain \_\_\_\_\_

Have you ever seen a psychiatrist or counselor? \_\_\_\_\_ If yes, explain \_\_\_\_\_

Are you willing to sign a *release of information form* so that your counselor may write for social, psychiatric, or other medical records? \_\_\_\_\_

**SPIRITUAL**

Do you believe in God? \_\_\_\_\_ Do you pray? \_\_\_\_\_

Do you believe you are a Christian? \_\_\_\_\_ Have you been baptized? \_\_\_\_\_

How often do you read the Bible?    Never    Occasionally    Often    Daily

Denominational preference \_\_\_\_\_

Church attending \_\_\_\_\_ Member \_\_\_\_\_

How often do you attend church?

Never    Occasionally    Once or twice a month    Weekly    More than once a week

Explain any recent changes in your religious life \_\_\_\_\_

\_\_\_\_\_

**Women Only**

Have you had any menstrual difficulties? \_\_\_\_\_ Do you experience tension, tendency to cry, other symptoms prior to your cycle, please explain? \_\_\_\_\_

Is your husband willing to come for counseling? \_\_\_\_\_

Is he in favor of your coming? \_\_\_\_\_ If no, explain \_\_\_\_\_

\_\_\_\_\_

**PROBLEM CHECK LIST – PLEASE CIRCLE ANY THAT APPLY:**

- |                      |               |               |
|----------------------|---------------|---------------|
| Anger                | Depression    | Loneliness    |
| Anxiety              | Drunkenness   | Lust          |
| Apathy               | Drugs         | Lying         |
| Appetite             | Envy          | Memory        |
| Bitterness           | Fear          | Moodiness     |
| Changes in lifestyle | Finances      | Perfectionism |
| Children             | Gluttony      | Rebellion     |
| Communication        | Guilt         | Sex           |
| Conflicts (fights)   | Health        | Sleep         |
| Deception            | Homosexuality | Wife abuse    |
| Despair              | Impotence     | A Vice        |
| Decision Making      | In-laws       | Other         |



# DISCIPLESHIP COUNSELING AT GRACE BIBLE CHURCH (GBC)

The pastor of GB and other trained discipleship counselors are available to take a *limited* number of counseling cases. You may obtain initial information by calling the GBC office at 239.354.9800.

The following outlines *several conditions* upon which counseling will be initiated. While this is not meant to be exhaustive in scope, it does represent our philosophy of biblical counseling, a vital aspect of shepherding ministry at GBC.

**(1) Our Priority** – Discipleship counseling of members of GBC takes precedence over all non-member counseling (Gal. 6:10).

In effort to recognize and respect the shepherding responsibility of the pastors and church leaders, we generally do not offer counseling to members of other churches. If you are not attending a church, we will expect you to attend GBC.

**(2) Our Framework** – The discipleship counseling received here is based on scriptural principles rather than those of secular psychology or psychiatry. Neither the pastoral nor the lay counselors are trained or licensed psychotherapists or mental health professionals, nor should they be expected to follow the methods of such specialists. Biblical counseling will be provided by one of the pastors or trained disciplers supervised by a pastor. We strongly encourage same gender counseling.

Some counseling at GBC is provided as part of discipleship counseling training. To facilitate both counseling and training, the discipler may have one to two people assisting him/her in each counseling session.

**(3) Our Focus** – Our focus is to deal with issues within the scope of biblical parameters. We are confident that the Bible contains all necessary information for life and godliness (II Peter 1:3) either in general or specific principles. While our counselors do not pretend to know all there is to know about biblical teaching and its application to life, they do know much and will do their utmost to help you.

If you should have significant legal, financial, medical, or other technical questions, you should seek advice from an appropriate independent professional. Our pastoral and lay discipleship counselors will be happy to cooperate with such advisors and help you to consider counsel in the light of relevant scriptural principles.

**(4) Our Foundation** – All discipleship counseling will be conducted in accordance with the counselor's understanding of Scriptures. The Scriptures are, in all cases, the final authority. If you are not sure that you will be interested in biblically-based counseling, you will be given the option of attending one or two sessions to discover what biblical counseling is like. If you are unwilling to use the Bible as the final authority in counseling or are unwilling to apply the biblical principles assigned, sessions may be terminated.

**(6) Our shared Prerogative** – At any time during counseling, for reason(s) sufficient to him/her, the discipleship counselor, or counselee, shall have the option of terminating counseling.

**(7) Confidentiality** – Information disclosed in counseling sessions will be held confidential to the extent that the counselor believes the Bible or the State requires. Absolute confidentiality is not scriptural; for instance, matters of church discipline (cf. Matt. 18:15ff), or criminal incidents, may require one to disclose facts to others.

**(8) Our Fee** – All discipleship counseling is done free of charge as a ministry of GBC. Counselees will be asked to attend church services and part of the weekly homework assignments may require the purchase of materials that correspond to the counseling.

**(9) Mediation** – On *rare* occasions a conflict may develop between a discipleship counselor and a counselee. In order to make sure that any such conflicts will be resolved in a biblically faithful manner, we require all of our counselees to agree that any dispute that arises with a counselor or with this church as a result of counseling will be mediated by GBC's elder board.

Having clarified the principles and policies of our counseling ministry, we welcome the opportunity to minister to you in the name of Christ and to be used by Him as He helps you to grow in spiritual maturity and prepares you for usefulness in His body. If you have any questions about these guidelines please talk with an elder. If these guidelines are acceptable to you, please sign below.

*Signed:*

*Print Name:*

*Date:*