



## “Go to” Texts For Dealing With Sin

Remember:

The Bible is infallible and sufficient for counseling. II Tim. 3:16-17

Apply the gospel specifically to every problem. Phil. 4:12

You are totally dependent upon God for success. John 15:5

### GENERAL ISSUES

#### A. Conflict resolution

1. Pursue peace. Matt. 5:9
2. Listen carefully and listen to both sides. Prov. 18:13, 17
3. First address your own sin. Matt. 7:3-5
4. Confront your erring brother in love. Gal. 6:1-2
5. Be prepared to follow church restoration. Matt. 18:15-20
6. Christians should not sue believers in court. I Cor. 6:1f
7. Do all you can to seek resolution – yet you may not succeed. Rom. 12:19

#### B. Anger

1. Anger is murder. Matt. 5:21-22
2. The cause of conflict is sinful desire. James 4:1-6
3. An angry person is dangerous. Prov. 25:28

#### C. Revenge

1. Don't take your own revenge. Trust God to do what is right. Rom. 12:19-21
2. Show love to your enemy. Matt. 5:43-48

#### D. Helping people who have been hurt by others (abused).

1. Bitterness is destructive. Heb. 12:15
2. Joseph trusted God and forgave his abusers. Gen. 50:18

#### E. Communication

1. The tongue is a fire. James 3:6f
2. Use words to build, not tear down. Don't always speak your mind. Eph. 4:29
3. Be slow to speak and quick to listen. James 1:19-20
4. Focus on understanding others rather than being understood. Phil. 2:3-4
5. A gentle answer turns away wrath. Prov. 15:1

#### F. Resisting temptation

1. God's promise: you won't be tempted beyond what you are able. I Cor. 10:13
2. Joseph's example. Gen. 39:7-10

#### G. Lust

1. Lust in the heart is adultery. Matt. 5:27-30
2. Flee lust. II Tim. 2:22
3. You are responsible for what you think about. Phil. 4:8-9 (also applies to fear, worry, depression, etc.)

## H. Fear

1. The fear of man brings a snare. Prov. 29:25
2. Trusting in people is idolatry and will ruin you. Jer. 17:5-8

## I. Worry

1. Trust God to meet your needs. Matt. 6:25-34
2. Pray with thanksgiving. Phil. 4:6-7

## J. Depression

1. Are you depressed because of your sin? Ps. 32
2. The key to overcoming depression is not a change in your circumstances, but an increase in your faith. Phil. 4:11-13

## K. Addictions

1. Addiction is seeking from some idol what God alone gives. Isa. 55:1-2
2. The root problem is that some people love pleasure more than loving God. II Tim. 3:4
3. Substance abuse is sinful and destructive. Prov. 23:29-35
4. "Co-dependents" make the addiction their idol. Jer. 17:5-8

## L. Facing trials and calamity

1. God sovereignly works all things together for good. Rom. 8:28
2. God uses trials in your sanctification. James 1:2f
3. Nothing can separate you from God's love in Christ. Rom. 8:31-39

## M. Seeking forgiveness

1. From God. I John 1:8-10
2. From those you have wronged. Matt. 5:23-24

## N. Granting forgiveness.

1. Forgive as you have been forgiven. Eph. 4:32
2. The story of the unmerciful servant. Matt. 18:21-35

## O. Repentance

1. How to tell if repentance is genuine. II Cor. 7:9-11
2. An example of true repentance. Ps.51

## P. Presenting the gospel

1. We are not saved by keeping the law, but Christ's atoning death. Rom. 3:20-26
2. Confess your sins. I John 1:8-2:2
3. The substitution of the Lamb of God for sinners. Isa. 53:4-6
4. The thief on the cross as an example of salvation by grace. Luke 23:39-43
5. We are saved by grace alone through faith alone. Eph. 2:8-9

## Q. Assurance of salvation

1. If you truly believe in the Lord Jesus, you have been born of God. I John 5:1
2. If you are one of Christ's sheep, He keeps you safe. John 10:28-29
3. If you have no regard for God's commandments you are still lost. I John 2:3-4
4. If you have no love for the brethren, you have not been born of God. I John 4:8-9

## R. Sanctification

1. The converted sinner is no longer to be labeled by his old deeds. I Cor. 6:9-11
2. Consider your old nature dead and your new nature alive in Christ. Rom. 6:11
3. The believer is a new person with a new nature. II Cor. 5:17
4. God will work to sanctify you. Phil. 1:6

5. You are responsible to put forth effort in your sanctification. Phil. 2:12-13
6. Learn and apply the put off and put on dynamic. Eph. 4:22-24
7. Christ saved us that we might do good works. Titus 2:14

### S. Church involvement

1. Regular attendance is mandatory. Heb. 10:25
2. God wants you to commit (join), making yourself accountable to particular church leaders. Heb. 13:17
3. Each of us is to serve. I Pet. 4:10-11
4. Each of us is to give as God has prospered us. I Cor. 16:2

### T. Work and employment

1. God's design is that you work six days a week. Ex. 20:9
2. Don't be a sluggard. Prov. 6:6-11
3. If someone refuses to work, he should not eat. II Thess. 3:10
4. Serve God through your vocation. Eph. 6:5-9

### U. Finances

1. Planning (budgeting) is wise. Prov. 21:5
2. Acknowledge God's sovereignty over your finances. James. 4:13-17
3. God gives you the ability to earn. Deut. 8:18
4. Avoid debt. Prov. 22:7
5. Don't make an idol of money, but store up treasure in heaven. Matt. 6:19-21
6. The love of money leads to every other evil behavior. I Tim. 6:10
7. Be generous with those in need. I Tim. 6:17-19
8. Giving to the Lord's work should be the first item in your budget. Prov. 3:9
9. Pay your taxes. Matt. 22:17-21

### V. Decision making / knowing God's will

1. Wholeheartedly seek wisdom from God. James 1:5 (Also see Proverbs 1-9).
2. Search for God's moral will in the Bible. II Tim. 3:16-17
3. Seek godly counsel. Prov. 15:22
4. You can't know God's secret will. Deut. 29:29
5. Submit your plans to God's sovereign will. Prov. 16:9
6. Trust God, that His way is best. Prov. 3:5-6

### W. Integrity

1. Simply tell the truth. Matt. 5:37
2. Lying destroys relationships. Eph. 4:25

## FAMILY ISSUES

### A. Marriage is divinely instituted

1. God's design for marriage. Gen. 2:18-23
2. God's directive for marriage. Gen. 2:24

### B. The role of the husband

1. Loving. Eph. 5:25-30
2. Understanding. I Pet. 3:7
3. Serving. John 13:1f

### C. The role of the wife

1. Submission. Eph. 5:22-24
2. Dealing with an unsaved husband. I Pet. 3:1-6 (see context 2:21-25)

### D. Sex

1. All sex outside of marriage is wrong. Heb. 13:4 (also see Gen. 2:24)
2. God wants us to be fruitful (have children). Gen. 1:28

3. Your sexuality belongs to your spouse.  
Don't deprive him / her. I Cor. 7:3-5
4. God wants married people to enjoy sex.  
Prov. 5:18-19 (also Song of Solomon)

#### **E. Child training**

1. The duties of children. Eph. 6:1-3
2. The duties of parents. Eph. 6:4
3. The necessity of discipline. Prov. 19:18

#### **F. Divorce**

1. God hates divorce. Mal. 2:16
2. What God has joined, let no man separate.  
Matt. 19:5-6
3. Adultery is a ground for divorce (the other person broke the covenant). Matt. 19:9
4. Abandonment by an unbeliever is a ground for divorce. I Cor. 7:15
5. Don't leave your unbelieving spouse or drive him / her away. I Cor. 7:12